



OFF-SEASON PROGRAM

2 HRS EACH SCHEDULED DAY

30 MINS – *RISE PROGRAM

90 MINS – OFFENSIVE SKILL DEVELOPMENT

\$125 FOR ENTIRE PROGRAM

FUNDS WILL BE USED FOR:

TEAM GEAR & EQUIPMENT

FOR UPCOMING SEASON

?^s 281-917-4837

REGISTRATION: ONLINE AT WWW.ILLUSIONINSTITUTE.COM

LOCATION: 5555 N. MAIN, BAYTOWN, TX 77521

***RISE PROGRAM IS DESIGNED TO IMPROVE VERTICAL LEAP AND FIRST STEP EXPLOSIVENESS.**



July '18



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12 <i>6:30-8:30p</i> Rise Program Ball Handling & Dribbling	13	14
15	16 <i>6:30-8:30p</i> Rise Program Ball Handling & Dribbling	17 <i>6:30-8:30p</i> Rise Program Ball Handling & Dribbling	18	19 <i>6:30-8:30p</i> Rise Program Offensive Footwork	20	21
22	23 <i>6:30-8:30p</i> Rise Program Offensive Footwork	24	25	26 <i>6:30-8:30p</i> Rise Program Offensive Footwork	27	28
29	30 <i>6:30-8:30p</i> Rise Program Finishing At The Rim	31 <i>6:30-8:30p</i> Rise Program Finishing At The Rim				
						

Keep grinding, you'll get there! Don't miss 1 day, because that turns into 3 days!



Aug '18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 6:30-8:30p Rise Program Finishing At The Rim	3	4
5	6 6:30-8:30p Rise Program Defensive Principles	7	8	9 6:30-8:30p Rise Program Defensive Principles	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



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